WHAT IS CLAIMED IS:

1. A plant cell of a *Brassica napus* plant having an "R" rating for blackleg and resistance to at least one AHAS-inhibitor herbicide, wherein said plant is designated variety NS3213, representative seed of said variety having been deposited under ATCC Accession No. PTA-2471.

2. A tissue culture of regenerable cells of a *Brassica* plant having an "R" rating for blackleg and resistance to at least one AHAS-inhibitor herbicide, wherein said plant is designated variety NS3213, representative seed of said variety having been deposited under ATCC Accession No. PTA-2471.

3. A method of regenerating a *Brassica* plant having an "R" rating for blackleg and resistance to at least one AHAS-inhibitor herbicide comprising growing the tissue culture of claim 2 under conditions sufficient for regenerating the Brassica plant having an "R" rating for blackleg and resistance to at least one AHAS-inhibitor herbicide.

4. A part of a *Brassica* plant having an "R" rating for blackleg and resistance to at least one AHAS-inhibitor herbicide, wherein said plant is designated variety NS3213, representative seed of said variety having been deposited under ATCC Accession No. PTA-2471.

5. A plant part in accordance with claim 4, wherein said plant part is selected from a group consisting of tissue, pollen, ovules, roots, leaves, seeds, microspores, or vegetative parts, whether mature or embryonic.

6. A method for regenerating a *Brassica* plant having an "R" rating for blackleg and resistance to at least one AHAS-inhibitor herbicide, the method comprising growing the plant part of claim 4 under conditions sufficient to regenerate the *Brassica* plant.

7. A method of breeding a *Brassica* line comprising crossing a first *Brassica* plant having an "R" rating for blackleg and resistance to at least one AHAS-inhibitor herbicide with a second *Brassica* plant, wherein said first *Brassica* plant is designated variety NS3213, representative seed of said variety having been deposited under ATCC Accession No. PTA-2471.

8. The method according to claim 7, wherein the breeding is selected from a group consisting of pedigree breeding, crossing, self-pollination, haploidy, single seed descent, modified single seed descent and backcrossing.

9. The method according to claim 7, wherein said second plant is *Brassica napus*.

10. The method according to claim 7, wherein said second plant is *Brassica juncea*.

11. The method according to claim 7, wherein said second plant is *Brassica rapa*.

12. A method for producing a first generation (F1) hybrid *Brassica* seed comprising crossing a first *Brassica* plant having resistance to at least one AHAS-inhibitor herbicide and an "R" rating for blackleg with a second inbred *Brassica* plant of a different variety than said first *Brassica* plant and harvesting the resultant first generation (F1) hybrid *Brassica* seed, wherein said first *Brassica* plant is designated variety NS3213, representative seed of said variety having been deposited under ATCC Accession No. PTA-2471.

13. The method in accordance with claim 12, wherein said second *Brassica* plant is *Brassica napus*.

14. The method in accordance with claim 12, wherein said second *Brassica* plant is *Brassica juncea*.

15. The method in accordance with claim 12, wherein said second *Brassica* plant is *Brassica rapa*.

16. A method for preparing oil and/or meal of seed of a *Brassica* plant having an "R" rating for blackleg and resistance to at least one AHAS-inhibitor herbicide comprising crushing seed from said *Brassica* plant and separating the oil and/or meal, wherein said *Brassica* plant is designated variety NS3213, representative seed of said variety having been deposited under ATCC Accession No. PTA-2471.

17. The method according to claim 16, wherein said plant is capable of producing oil with less than 2% erucic acid and meal with less than 30 micromoles of glucosinolates per gram of defatted meal.

18. Vegetable oil comprising all or part of a plant cell of a *Brassica* plant having an "R" rating for blackleg and resistance to at least one AHAS-inhibitor herbicide, wherein said *Brassica* plant is designated variety NS3213, representative seed of said variety having been deposited under ATCC Accession No. PTA-2471.

19. The vegetable oil of claim 18, wherein said oil has less than 2% erucic acid.

20. Meal produced using a seed of a *Brassica* plant having an "R" rating for blackleg and resistance to at least one AHAS-inhibitor herbicide, wherein said *Brassica* plant is designated variety NS3213, representative seed of said variety having been deposited under ATCC Accession No. PTA-2471.

21. Meal in accordance with claim 20 having a glucosinolate content of less than 30 μmol per gram of defatted meal.